



90 Minute Sessions

Session Title	Description	Recommended Audience
Change Management- Change, Don't React	In a world of constant evolution, mastering the art of change is a skill that positions leaders to thrive, both within the Girl Scout community and in their personal lives. Join us for a transformative session on Change Management, where volunteers will learn how to navigate and embrace change rather than merely reacting to it. Through practical strategies and insightful discussions, this session will equip participants with the tools to lead with resilience, adaptability, and a positive mindset.	Anyone interested in investing in their professional development to explore strategies and tactics to navigate change.
Community Manager and/or Village Liaison Training	Elevate your impact as a Community Manager and/or Village Liaison with this specialized training designed to empower and guide volunteers as they work in partnership with the Membership Staff. Whether you're a seasoned Community Manager or newly in place, this session provides a roadmap for success, equipping you with the skills and strategies needed to support your Girl Scout community with purpose and effectiveness. Join us for an engaging and informative session that explores the dynamics of community management and offers valuable insights into fostering a vibrant and supportive Girl Scout community.	All Community Managers, Village Liaisons, anyone who supports community alongside this role, and anyone interested in learning more about being a Community Manager and/or a Village Liaison.
Event Lead Training	Unlock the key to successful event leadership in your community! This specialized training is designed for volunteers who hold pivotal roles in their respective communities, having been elected to lead and organize Girl Scout events. Join us for a comprehensive session that provides a road map for navigating your position with confidence and success. Whether you're a seasoned Event Lead or newly elected, this training will equip you with the tools and strategies needed to create memorable and impactful Girl Scout events in your community.	All Event Leads, anyone who supports community level events, and anyone interested in learning more about supporting community events.
Meet the Girl Experience Team- Ask Us Anything!	Get ready for a unique opportunity to connect with the heart of Girl Scout programming! In this special session, Meet the Girl Experience Team, the passionate minds behind the magic of Girl Scout activities and adventures will share more about their specific Girl Scout Pillar Focus, and bring the program to life. This Ask Me Anything (AMA) style session invites volunteers to engage with the Program team, ask burning questions, and gain valuable insights into creating impactful and memorable experiences for their Girl Scouts.	Anyone interested in learning more the Girl Scout Leadership Experience, Local Programs, and engaging in a conversational based session with Gateway Girl Experience Staff members.

<p>Recruitment Lead Training</p>	<p>Embark on a journey of strategic community growth as a Recruitment Lead with this specialized training designed to empower and guide volunteers in their support of girls and volunteer membership growth. Whether you're a seasoned Recruitment Lead or recently in place, this session provides a data-driven roadmap for success, offering valuable tools and insights to navigate your position with purpose in partnership with the membership staff team. Join us for an interactive session that delves into the art and science of recruitment, equipping you with the skills to foster community engagement and welcome new members into the Girl Scout family.</p>	<p>All Recruitment Leads, anyone who supports recruitment efforts at the community level, and anyone interested in learning more about recruitment events at the community level.</p>
<p>Understanding Generational Divides– Bridging Differences for Stronger Connections</p>	<p>Join us for an insightful exploration of generational divides that extends beyond the realm of Girl Scout volunteerism, offering valuable lessons applicable to various aspects of your life. In this session, we'll delve into the dynamics of different generations, exploring how they shape our culture, communication styles, and community interactions. Gain a deeper understanding of generational differences and discover practical strategies to bridge divides, fostering stronger connections in your role as a Girl Scout volunteer and beyond. In this workshop, you will gain knowledge on:</p> <ol style="list-style-type: none"> 1) Exploring Generational Perspectives 2) Communication Strategies Across Generations 3) Fostering Collaboration 4) Applying Knowledge Beyond Girl Scouts <p>This session will be instructional, with an opportunity to interact with the resources available and ask questions.</p>	<p>This session is for anyone who wants to learn more about navigating our diverse community along different generational lines.</p>

75 Minute Sessions

Session Title	Description	Recommended Audience
Communication Styles- DISC One-Pager	<p>Communication is the heartbeat of effective Troop Leadership and collaboration. Join us for an engaging session where volunteers will delve into the world of communication styles using the DISC Behavior Based Assessment. This training offers a unique opportunity to discover and understand your own communication style and those around you. By unlocking the insights provided by DISC, participants will gain easy to implement tools for improving communication, fostering teamwork, and building stronger connections within and outside of the Girl Scout community.</p>	<p>Any volunteers interested in learning more about their unique communication style, and how to partner with others to enhance teamwork and success.</p>
Conflict Management- Navigating Challenges with Grace and Solutions	<p>Join us for a session that transcends Girl Scout volunteerism, offering valuable insights into conflict management applicable to all aspects of your life. As volunteers, Troop Leaders/Co-Leaders, and mentors, conflicts can arise in various forms. This session is your compass for navigating challenges with grace, fostering understanding, and moving forward in a solutions-based manner. Empower yourself with effective conflict management strategies that will not only enhance your role as a Girl Scout volunteer but also contribute to your personal and professional growth. In this workshop, you will gain knowledge on:</p> <ol style="list-style-type: none"> 1) Understanding Conflict Dynamics 2) Effective Communication Strategies 3) Solution-Focused Approaches 4) Conflict in Volunteerism and Beyond <p>This session will be instructional, with an opportunity to interact with the resources available and ask questions.</p>	<p>This session is for any volunteer who is interested in participating in professional and personal development by adding more tools to their own conflict management toolbox.</p>
Dynamics of a Multi-Level Troop- Navigating the Multi-Level Experience with Ease	<p>Join us for an engaging session designed to empower Troop Leaders/Troop Co-Leaders with the skills and knowledge needed to navigate the dynamics of a multi-level troop. From planning cohesive activities to recruiting the right support, this session will equip you with practical tools to make your multi-level troop experience enjoyable for both Troop Leaders and girls. In this session, you will learn about:</p> <ol style="list-style-type: none"> 1) Planning for Success 2) Recruiting Help 3) Models of Troop Leadership 4) Knowing your Limits <p>This session will be half presentation, half facilitated conversation. Please be prepared to engage in small and large group conversation with fellow volunteers from various areas, backgrounds, and experience.</p>	<p>This session is ideal for volunteers involved in multi-level troop Troop Leadership. Whether you are a seasoned Troop Leader/Co-Leader looking for new insights or a Troop Leader/Co-Leader taking on a multi-level troop for the first time, this session provides valuable guidance for all.</p>

<p>Growth Through GRIT</p>	<p>This session is a deep dive into the concept of GRIT—an amalgamation of resilience, perseverance, and passion. Participants will explore how GRIT contributes to personal and leadership growth, and gain actionable insights into fostering GRIT within the Girl Scout community and beyond.</p>	<p>This session is open to all Girl Scout volunteers, troop leaders, and individuals interested in personal and leadership growth.</p>
<p>Higher Award Progression—Demystifying the Path to Girl Scout Excellence</p>	<p>Join us for a session of inspiration and achievement as we unravel the nuances of Girl Scout Higher Awards. This session is designed to empower volunteers with the knowledge and tools needed to guide their girls through the Higher Award progression. From understanding the different awards to tips for getting started, this session is your key to unlocking a world of Troop Leadership, service, and personal growth opportunities for every Girl Scout.</p> <ol style="list-style-type: none"> 1) Introduction to Higher Awards 2) Navigating the Path 3) Tips for Success 4) Resources and Support <p>This session will be instructional, with an opportunity to interact with the resources available and ask questions.</p>	<p>This session is ideal for volunteers interested in guiding their girls through the Higher Award progression. Whether you're new to the process or seeking additional insights, this session will provide valuable information and inspiration for all.</p>
<p>How to Elevate the Girl Scout Brand in the Community</p>	<p>In this session, our GSGC Marketing and Communications team will guide you through the art of brand elevation, sharing valuable insights on positioning Girl Scouts as a force for positive change in your community. From understanding the core elements of the Girl Scout brand to exploring innovative marketing strategies, this session is designed to give you the tools needed to amplify our collective voice. During this session, you will learn about:</p> <ol style="list-style-type: none"> 1) The Girl Scout Brand Unveiled 2) Do's and Don'ts of Brand Utilization 3) You, a Brand Ambassador! 4) GSGC Marketing Efforts (Girl Media Team) <p>This session will be education based, and will have the opportunity for questions.</p>	<p>This session is a must for any volunteers eager to elevate the Girl Scout brand in their community. Whether you're a seasoned marketing professional or a Troop Leader/Co-Leader looking to boost visibility, this session provides actionable strategies for everyone.</p>
<p>How to Keep Your Troop Girl-Led Tailoring Troop Leadership for Every Level</p>	<p>In this dynamic session, we'll delve into the essence of a Girl-Led experience and offer practical strategies to tailor this approach for each Girl Scout level. Whether you're navigating the world of Girl Scout Daisies or empowering your Girl Scout Cadettes, this session is your compass for cultivating a troop environment where girls feel empowered, heard, and excited to lead.</p> <ol style="list-style-type: none"> 1) Defining Girl-Led 2) Tailoring Troop Leadership for Girl Scout Daisies through Girl Scout Ambassadors 3) Empowering through Decision-Making 4) Navigating Challenges <p>This session will be instructional, with an opportunity to interact with the resources available and ask questions.</p>	<p>This session is ideal for Troop Leaders/Troop Co-Leaders and other volunteers who are wanting to learn more about what Girl-Led means and gain knowledge on how to implement it within their own troop.</p>

<p>Leading Girl Scout Brownies – Expanding the Circle of Friends</p>	<p>This session is crafted to equip you with practical tools and insights to create a vibrant and welcoming Girl Scout Brownie troop environment. From understanding the social dynamics of second and third graders to fostering a sense of friendship and cooperation, participants will gain valuable strategies to ensure an unforgettable experience.</p> <ol style="list-style-type: none"> 1) Friendship-Focused Activities 2) Navigating Social Dynamics 3) Building a Supportive Troop Culture 4) Celebrating Milestones <p>This session will be half presentation, half facilitated conversation. Please be prepared to engage in small and large group conversation with fellow volunteers from various areas, backgrounds, and experience.</p>	<p>This session is for Troop Leaders/Troop Co-Leaders who currently lead Girl Scout Brownies, will lead Girl Scout Brownies in the future, or have interest in learning more about facilitating a Girl Scout Brownie troop experience.</p>
<p>Leading Girl Scout Daisies - Nurturing Energy and Family Dynamics for a Spectacular First Girl Scout Year</p>	<p>Looking for ways to ensure the first year of your Girl Scout Daisy troop is not just good but spectacular? Then this session is designed with you in mind! Join us for an engaging workshop where we'll delve into the unique dynamics of leading Girl Scout Daisies, exploring how to manage their boundless energy and navigate family involvement for an unforgettable Girl Scout experience. Whether you're a new Troop Leader/Troop Co-Leader or looking to enhance your Girl Scout Daisy Troop Leadership skills, this session is your guide to fostering a positive and engaging environment for your youngest Girl Scouts.</p> <ol style="list-style-type: none"> 1) Energizing Girl Scout Daisy Activities 2) Navigating Family Involvement 3) Building a Supportive Troop Community 4) Celebrating Milestones <p>This session will be half presentation, half facilitated conversation. Please be prepared to engage in small and large group conversation with fellow volunteers from various areas, backgrounds, and experience.</p>	<p>This session is for Troop Leaders/Troop Co-Leaders who currently lead Girl Scout Daisies, will lead Girl Scout Daisies in the future, or have interest in learning more about facilitating a Girl Scout Daisy troop experience.</p>
<p>Leading Girl Scout Juniors – Handing Off Troop Leadership to the Girls</p>	<p>This session is designed to provide practical insights and hands-on activities to help Troop Leaders/Troop Co-Leaders transition into a facilitator role, empowering Girl Scout Juniors to drive their own Girl Scout adventure. From understanding the developmental needs of Girl Scout Juniors to encouraging decision-making and collaboration, participants will gain valuable strategies for creating a dynamic and empowering Junior troop experience.</p> <ol style="list-style-type: none"> 1) Facilitating Girl-Led Decision Making 2) Developing Troop Leadership Skills 3) Promoting Independence 4) Navigating Challenges Together <p>This session will be half presentation, half facilitated conversation. Please be prepared to engage in small and large group conversation with fellow volunteers from various areas, backgrounds, and experience.</p>	<p>This session is for Troop Leaders/Troop Co-Leaders who currently lead Girl Scout Juniors, will lead Girl Scout Juniors in the future, or have interest in learning more about facilitating a Girl Scout Junior troop experience.</p>

<p>Older Girl Activation - Evolving the Girl Scout Experience for Middle and High School Girls</p>	<p>In this interactive session, we'll delve into the distinctive challenges and opportunities that come with guiding older Girl Scouts through their middle and high school years. Our goal is to provide Troop Leaders/Troop Co-Leaders with the knowledge and tools to ensure that the Girl Scout journey remains vibrant and relevant, even as girls navigate the complexities of adolescence. This session will focus on:</p> <ol style="list-style-type: none"> 1) Understanding the Older Girl demographic 2) Engagement Strategies 3) Addressing Competing Priorities 4) Opportunities for Older Girls <p>This session will be half presentation, half facilitated conversation. Please be prepared to engage in small and large group conversation with fellow volunteers from various areas, backgrounds, and experience.</p>	<p>This session is geared towards Troop Leaders, Troop Co-Leaders, and other volunteers who are currently leading older girls, or are interested in learning more about what a Girl Scout experience looks like for Girl Scout Cadettes, Seniors, and Ambassadors.</p>
<p>STEM Simplified– Empowering Troop Leaders to Bring STEM Magic to Their Troops</p>	<p>Get ready for an immersive and hands-on experience where we'll break down the barriers to STEM (Science, Technology, Engineering, Math) engagement. This session is not just about understanding STEM concepts but actively participating in STEM-inspired activities that you can take back to your troop. Whether you're a seasoned STEM enthusiast or new to the world of science and technology, this session is designed to help you unlock the wonders of STEM with your girls.</p> <ol style="list-style-type: none"> 1) Interactive STEM Activities 2) Demystifying STEM Concepts 3) Practical Tips for STEM Success 4) Resources and Support <p>This will be a hands-on session - come prepared to learn by doing!</p>	<p>This session is perfect for Troop Leaders/Troop Co-Leaders and other volunteers who want to bring a STEM experience to their Girl Scout troop.</p>
<p>Taking Your Troop Outside of Your Meeting Space (travel, outdoor)</p>	<p>Embark on a journey beyond the familiar meeting space and explore the vast possibilities that await your Girl Scout troop beyond your meeting room walls! Whether you're drawn to the rustling leaves of a forest trail or the excitement of discovering new places through travel, this session is your compass for navigating the progression of outdoor experiences and travel. Learn what is appropriate for each level, guidelines for safe activities, and best practices as you get ready for your next adventure. During this session, you will learn about:</p> <ol style="list-style-type: none"> 1) Outdoor & Travel Progression 2) Safety First! 3) Building Last Memories <p>We anticipate this session will take place outdoors at the event location. Come ready to walk, chat, and learn!</p>	<p>This session is designed for Troop Leaders/Troop Co-Leaders and other volunteers eager to explore the world beyond their meeting space. Whether you are a seasoned outdoor enthusiast or a troop looking to tackle your first outdoor experience, this session has something for everyone.</p>

<p>Troop Leader Foundations- Back to Basics</p>	<p>Step into the world of planning with confidence! This session is your guide to unlocking the full suite of tools available for delivering a dynamic Girl Scout experience. From the Volunteer Toolkit (VTK) to Guidebooks, Safety Activities Checkpoints to Volunteer Essentials, and more, this session will empower volunteers with the knowledge and resources to plan a girl-led and exciting Girl Scout year. Leave feeling prepared, inspired, and ready to embark on a year of adventure! In this session, you will learn about:</p> <ol style="list-style-type: none"> 1) Deep Dive into VTK 2) Other Tools (Program Grade Level Guidebooks, etc.) 3) Safety Activity Checkpoints 4) Volunteer Essentials <p>This session will be instructional, with an opportunity to interact with the resources available and ask questions.</p>	<p>This session is essential for volunteers involved in planning Girl Scout activities and troop meetings. Whether you are new to Girl Scouts or a seasoned Troop Leader/Co-Leader, this session offers valuable insights into the suite of tools that will make your planning process efficient, effective, and girl-focused.</p>
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